



CAPTAIN Summit 2021 Regional Planning

CAPTAIN Region:

Making Implementation Happen. Bridging the Research to Practice Gap.

Reflecting on Goals from 2020-2021

Region:

Goal Area 1: <i>Increasing knowledge about ASD & EBPs in our community</i>	GAS Score (1-4)	What influenced/supported our <i>accomplishments</i>?	What were <i>barriers</i> to our work?
<p><i>Initial Objective (1) Sac Satellite: Figure out who we would like to /can target with intro to ASD/EBP info including a virtual formats both live and recorded Tri-County: Identify who has been trained. Identify new staff, families, and community agencies for ASD trainings (Intro and EBPs). North Satellite: Provide 1 overview training of EBP's either in person or virtually</i></p> <p><i>Secondary Objective (2) Sac Satellite: Begin to recruit, get motivation sparked through sharing existing resources including a virtual formats both live and recorded Tri-County: Reach out to one additional</i></p>	<p>Tri County - completed initial and secondary objective. Did not gain a new audience.</p> <p>Sac- (2), completed recruitment, sent out flyers. Need to do over again once presenters identified and date set.</p> <p>North- (1) completed objective 1 and 2 with 100% accuracy across districts/SELPA's</p>	<p>Tri County - existing relationships helped,</p> <p>North- Goal writing was more intentional to master. Zoom was helpful. Being flexible.</p>	<p>Tri County - limited contact hindered the expansion Staff changes</p> <p>North- cadre members left jobs and participation declined as a result.</p>

Reflecting on Goals 2020-2021

Goal Area 2: Increasing implementation and fidelity of use of identified EBPs by providers and implementers	GAS Score (1-4)	What influenced our accomplishments?	What were <i>barriers</i> to our work?
<p>Primary Objective 1 Sac Satellite: Adopt use of tracking forms for training/coaching/ecoaching to ensure effective use (BST model of training) Tri-County: Recruit staff and potentially a couple of families to implement an identified EBP. Provide virtual coaching and a fidelity check.</p> <p>North Satellite: Provide the administrator checklist to 1 administrator and provide follow up coaching either in person or e-coaching.</p> <p>Secondary Objective (2) Sac Satellite: Obtaining resources necessary to provide effective training, including training on e-coaching (time, TOSA, etc.)</p> <p>Tri-County: Continue to provide</p>	<p>Sac- (2): 7 people attend e-coaching webinar</p> <p>Tri - County - We were not able to coach but provided virtual trainings. However, started ECHO last month so inperson/virtual coaching may increase.</p> <p>North- completed objective 1 and 2 with 100%.</p>	<p>Tri - County - we were set up with zoom accounts</p> <p>North- becoming more familiar with CAPTAIN resources Administrators were more desperate for resources and supports.</p>	<p>Tri-County - in person was not an option most of the time</p> <p>North- access to school sites was limited due to COVID</p>

Reflecting on Goals 2020-2021

Goal Area 3: <i>Improve and increase collaboration between the various agencies serving and supporting individuals with ASD</i>	GAS Score (1-4)	What influenced our <i>accomplishments?</i>	What were <i>barriers</i> to our work?
<p>Primary Objective (1) Sac Satellite: Each organization assess a min. of 1 class, site, individual etc. for consideration for collaborative nomination of EBP implementation Tri-County: Resume past parent participation level. North Satellite: Attend satellite team building event</p> <p>Secondary Objective (2) Sac Satellite: Each organization assess a min. of 2 class, site, individual etc. for consideration for collaborative</p>	<p>Sac- (1)- would still like to do a collaborative nomination once sites are open and allowing visitors/less covid restrictions</p> <p>Tri-County - We maintained partnerships and increase participation with Behavioral Health and CPS</p> <p>North- We were unable to have a team building event due to COVID- social distancing 0% and 50% of our districts/SELPA's attended each</p>	<p>Tri-County - established relationships</p> <p>North- Zoom was helpful during COVID as we helped everyone gain access to support.</p>	<p>Tri County - Members changed and regions had big shifts in staff/roles</p> <p>North-COVID social distancing and cohorts was a challenge. Not realising the pandemic was going to take longer....optimism.</p>

REGIONAL Problem of Practice: What issues, challenge or need exists for individual with Autism that our Regional Network wants to try to address?	
<i>Current Regional Issue, Challenge or Problems of Practice</i>	People with Autism receive mental health and behavioral interventions at a lower rate than people without Autism
<i>Probable Root Cause of the Problem (identify the top probable root cause)</i>	Practitioners, educators and those who work with people with Autism are not informed about the complex mental health and behavioral needs of students with Autism, frequently believing that people with Autism can't benefit from mental health and behavioral interventions due to having Autism.
<i>Change Ideas (list 1 change idea for the probable root cause)</i>	Informing mental health and behavior specialists about the mental health and behavioral health needs of people with Autism would increase the amount of mental health and behavior interventions that 1. people with Autism receive.
<i>Action plan to support change idea (may need additional space to action plan)</i>	<ol style="list-style-type: none"> 1. Identify who the key people are that need informing about mental health and behavior interventions for people with Autism 2. Create a professional learning network using the Echo model to inform and education mental health specialists and behavior specialists
<i>Expected Outcome if change idea is an improvement</i>	If the change idea is achieved then the amount of people with Autism who receive mental health and behavioral interventions would increase
<i>Measurement of change</i>	Calpads would show an increase in mental health and behavior intervention services for school age

Goal Area 1 (Collaboration): How can Cadre Collaborate to address the region's specific need, issue or challenge that relates to individual with ASD and their families

<i>Current Level of Performance Data (0)</i>	Capitol CAPTAIN needs to identify the key stakeholders before proceeding
<i>Initial Objective (1)</i>	Capitol CAPTAIN will create a workgroup who will identify who the practitioners are that are relevant to mental health and behavioral interventions and that could benefit from a professional network
<i>Secondary Objective (2)</i>	Capitol CAPTAIN will plan a professional learning network to connect and disseminate information to practitioners relevant to mental health and behavioral interventions
<i>Expected level of Outcome (3)</i>	Capitol CAPTAIN will hold a professional learning network to connect and disseminate information to practitioners relevant to mental health and behavioral interventions that will meet at twice a year
<i>Exceeds Expected Outcome (4)</i>	Capitol CAPTAIN will hold a professional learning network to connect and disseminate information to practitioners relevant to mental health and behavioral interventions that will meet at least quarterly

Goal Area 2 (Dissemination): How can members of our Regional Network strategically disseminate to groups identified by the region as needing to know about ASD and EBPs/CAPTAIN

<i>Current Level of Performance Data (0)</i>	Capitol CAPTAIN members provide coaching and training mainly to special educators and agency providers.
<i>Initial Objective (1)</i>	50% of Capitol CAPTAIN will offer training to at least one new educator or new staff member and or one general educator or agency provider
<i>Secondary Objective (2)</i>	50% of Capitol CAPTAIN will offer training and coaching to at least one new educator or new staff member or one general educator or agency provider
<i>Expected level of Outcome (3)</i>	Each member from Capitol CAPTAIN will offer training and coaching to at least one new educator or staff member or one general educator or agency provider.
<i>Exceeds Expected Outcome (4)</i>	Each member from Capitol CAPTAIN will offer training and coaching to two or more new educators, or new staff members or one general educator or agency provider