#### **Regional Implementation Teams**

Region: Region 10 Name of RIT: CAPTAIN X

It is our mission for CAPTAIN to help to establish trainer of trainers at the local level on ASD and to support a common set of accepted Evidence Based Practices (EBPs), to connect providers from various agencies in hopes of establishing/strengthening local networks and facilitating cross agency communication and training. There are three **Impact Goals** we are hoping local teams can influence through your collaborative work:

- 1. Increase knowledge about ASD and EBPs within your communities
- Increase implementation and fidelity of use of the identified EBPs by providers and implementers
- 3. Improve and increase collaboration between the various agencies serving and supporting individuals with ASD within your communities (e.g. schools, regional centers, FRCs, vendors/nonpublic providers, mental health providers, etc....)

In order to work toward these outcomes, we have set the following objectives/requirements for the CADRE members:

#### **Requirement of SELPA Nominated Cadre Members:**

- Provide at least 1 basic training on autism in your SELPA annually
- Provide at least 3 trainings on specific EBP's in your SELPA annually (EBPs to be determined based on local needs assessment)
- Provide implementation coaching for 3 teachers/programs within your SELPA/School District or Local Education Agency and collect pre and post measures on students and teacher knowledge and implementation of EBPs

### **Requirements of Regional Center Nominated Cadre Members**

- Provide three overview trainings per year on EBPs for Service Coordinators and Regional Center staff
- Provide one overview training of EBPs to vendors each year

#### **Requirements of FRC/FEC/UCEDD Nominated Cadre Members**

- Inform your agencies staff of CAPTAIN EBP Resources
- Partner with and support local SELPAs and Regional Centers in providing trainings on EBPs

In addition, as a member of CAPTAIN you are a vital part of your Regional Implementation Team.

All Cadre are required to attend quarterly RIT mtgs. These meetings are an opportunity to share resources, work on your RIT GAS Goals and troubleshoot barriers to implementation and collaboration.

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How these meetings are structured can help your collaboration process. Here is a suggestion for how to organize your quarterly meetings:

| Me | etir | ng 1 after summit:   |
|----|------|--|
|    |      | Establish roles & responsibilities (facilitator, note taker, snack person, agenda maker, etc.)                                 |
|    |      | Schedule all meetings for the coming year (or have a doodle poll person).  Review or complete GAS goals.                       |
|    |      | Break into workgroups or committees to establish work plans for your GAS goals.  |
| Me | etir | ngs 2 – 3:   |
|    |      | Report out on workgroup activities Guest speaker or program showcase   |
| Me | etir | ng Before Summit:  |
|    |      | Review all GAS goals and rate your RIT completion Prepare for CAPTAIN Showcase (poster to share back with Cadre at the Summit) |

Reflect on your work from the past year. Take a few minutes to celebrate your successes!!! Evaluate your Goals from last years plan. Discuss those things that contributed to success and may have been obstacles or barriers. Next, think about, share and discuss ways your regional CAPTAIN chapter can work together to accomplish the core impact goals of CAPTAIN. Develop your 2015 goals and have fun!!!

# **Report Out and Discuss 2014 Goals**

| Goal Area                   | GAS       | What Influenced                                  | What were Barriers to                          |
|-----------------------------|-----------|--|--|
| Goal Alea                   |           |  |  |
|                             | Score     | Our  | our Work?                                      |
|                             | _         | Accomplishments?                                 |  |
| Goal Area 1: Increasing     | <u>+2</u> | Administration support,                          | Lack of substitute teachers                    |
| Knowledge About ASD and     |           | embedded EBPs trainings<br>throughout the school | to cover classes for teachers<br>attending the |
| EBPs in our Community       |           | year, flexibility of time                        | trainings/conferences;                         |
|                             |           | <u>,</u>   | facility                                       |
|                             |           |  |  |
| Cont Anna 2 days            |           | Part of our job                                  | Region is big, buy in from                     |
| Goal Area 2: Increase       | <u>+1</u> | description, buy-in from                         | teachers; due process                          |
| implementation and          |           | teachers, teachers want                          | <u></u>  |
| fidelity of use of the      |           | to learn, due process;                           |  |
| identified EBPs by          |           | mandated by law                                  |  |
| providers and               |           |  |  |
| implementers                |           |  |  |
| Goal Area 3: Improve and    | +2        | Teamwork, networking                             | Scheduling conflicts; no                       |
| increase collaboration      |           | between cadre members                            | needs assessment for more                      |
| between the various         |           | <u>&amp; IRC</u>                                 | information on what to                         |
| agencies serving and        |           |  | present on (?);                                |
| supporting individuals with |           |  |  |
| ASD                         |           |  |  |
|                             |           |  |  |
|                             |           |  |  |
|                             |           |  |  |

### **Brainstorm on New Projects and Collaborations**

How can our organizations work together on training for staff and families (e.g. regional EBP conference, cross training for new staff, training for CACs or boards, developing/establishing demonstration sites within our region, planning a make and take for families or new teachers, creating a regional CAPTAIN brochure, social media sites, conducting a collaborative parent training)?

Regional conference & increasing number of participants; demonstration sites; trainings for CAC, teach new teachers

How can our organizations work together to provide training and updates to each other on relevant policy and practice changes that impact services to those with ASD (quarterly meetings, listserv/newsletter, hot topics presentation at quarterly mtg)?

-Quarterly newsletters, Captain X Facebook account, brochure, updated listserv

How can our Regional CAPTAIN Chapter connect with other agencies in our area that need to become a part of this network (e.g. Higher Ed., Vendors/Providers, Local Support and Advocacy Groups)?

-trainings for IRC vendors & families; conference to include UCR, Cal State, Cal Baptist, La Sierra University; Department of Rehab for transition;

What project, conference or product could our regional team develop (EBP conference, brochure, table at Autism Walk, CAPTAIN Newsletter, etc)?

-Captain X newsletter; brochure about what CAPTAIN is; partner with the Autism Society Inland Empire;

### **Our Regional Plan for 2015**

### **Goal Area 1: Increasing Knowledge About ASD and EBPs in our Community**

| Much less than expected (Present Level of Performance) -2     | CAPTAIN X cadre members will have a Regional Conference on Evidence-Based Practices with 160 participants with the same number of parent participants   |
|---|---|
| Somewhat less<br>than expected<br>(Benchmark)<br>-1           | CAPTAIN X cadre members will have a Regional Conference on Evidence-Based Practices with 170 participants with the same number of parent participants   |
| Expected level of outcome (Annual Goal) 0                     | CAPTAIN X cadre members will have a Regional Conference on Evidence-Based Practices with 180 participants and double the number of parent participants. |
| Somewhat more<br>than expected<br>(Exceeds annual goal)<br>+1 | CAPTAIN X cadre members will have a Regional Conference on Evidence-Based Practices with 200 participants and triple the number of parent participants. |

| Much more than expected (Far exceeds annual goal) +2 | CAPTAIN X cadre members will have a Regional Conference on Evidence-Based Practices with 220 participants and quadruple the number of parent participants. |
|--|--|

### Goal Area 2: Increase implementation and fidelity of use of the identified EBPs by providers and implementers

| EBPS by providers and implementers                        |   |  |  |
|---|---|--|--|
| Much less than expected (Present Level of Performance) -2 | CAPTAIN X members will provide coaching to less than 3 teachers per cadre member  |  |  |
| Somewhat less<br>than expected<br>(Benchmark)<br>-1       | CAPTAIN X members will provide coaching to 3 teachers per cadre member  |  |  |
| Expected level of outcome (Annual Goal) 0                 | CAPTAIN X members will provide coaching to 3 teachers per cadre member and use the implementation checklist with at least 1 teacher to promote fidelity and implementation. |  |  |

| Somewhat more<br>than expected<br>(Exceeds annual goal)<br>+1 | CAPTAIN X members will provide coaching to 3 teachers per cadre member and use the implementation checklist with at least 2 teachers to promote fidelity and implementation. |
|---|--|
| Much more than expected (Far exceeds annual goal) +2          | CAPTAIN X members will provide coaching to 3 teachers per cadre member and use the implementation checklist with all 3 teachers to promote fidelity and implementation.      |

# Goal Area 3: Improve and increase collaboration between the various agencies serving and supporting individuals with ASD

| Much less than expected (Present Level of Performance) -2 | CAPTAIN X members will increase collaboration with various agencies by having 1 Captain X cadre member provide at least 1 overview of EBPs training at Inland Regional Center OR Family Resource Center. |
|---|--|
| Somewhat less   | CAPTAIN X members will increase collaboration with various agencies by   |
| than expected (Benchmark)                                 | having 1 Captain X cadre member provide at least 1 overview of EBPs training   |

| -1  | for IRC vendors and Family Resource Center staff   |
|---|--|
| Expected level of   | CADTAINI V mambara mill in angaga agil il militari militari manga agil il militari m |
| Expected level of outcome (Annual Goal) 0                     | CAPTAIN X members will increase collaboration with various agencies by having 1 Captain X cadre member provide at least 1 overview of EBPs training for IRC vendors, Family Resource Center staff and parents  |
| Somewhat more<br>than expected<br>(Exceeds annual goal)<br>+1 | CAPTAIN X members will increase collaboration with various agencies by having 1 Captain X cadre member provide at least 1 overview of EBPs training for IRC vendors, Family Resource Center staff and parents & 1 repeat parent training in a different location within the region   |
| Much more than expected (Far exceeds annual goal) +2          | CAPTAIN X members will increase collaboration with various agencies by having 1 Captain X cadre member provide at least 1 overview of EBPs training for IRC vendors, Family Resource Center staff and parents & 2 repeat parent trainings in a different location within the region  |

<sup>\*\*\*</sup>This form should be collected/duplicated by CAPTAIN Leadership.

### **Our Regional Chapter Name:**

### **CAPTAIN X**

Our Regional Facilitator: Awit Dalusong

**CAPTAIN Liaison Will Be: Jennifer Rountree** 

Our Next regional Meeting Will Be Held: November 17, 2015

### **Contact List**

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# CAPTAIN PLANNING FORMS 2015

| NAME              | TITLE           | AGENCY      | EMAIL                          |
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