Evidence Based Practice Training: Parent Implemented Intervention (PII)

Adapted from Sam, A., & AFIRM Team. (2015). Parent-Implemented Intervention. Chapel Hill, NC: National Professional Development Center on Autism Spectrum Disorder, FPG Child Development Center, University of North Carolina. Retrieved from https://afirm.fpg.unc.edu/parent-implemented-interventions





What is CAPTAIN

The California Autism Professional Training And Information Network (CAPTAIN) is an interagency network developed to support the understanding and use of evidence based practices (EBPs) for individuals with Autism across the state of California.





What is CAPTAIN

Marin County SELPA in partnership with CAPTAIN, are members of the Statewide System of Support as the Special Education Content Lead for utism.

This project is funded by the California Department of Education and the California Collaborative for Educational Excellence.











Levels of Professional Development to Reach Implementation







Before We Begin...

Please complete the Pre Training Survey sent to your email







Core Components: Learning Objectives

- Describe EBPS for Autism
- □ Define Parent Implemented Intervention (PII)
- Define the skills and learners PII can be used for
- ☐ Describe the steps to implement PII
- □ Apply PII in activity based scenarios





What are Evidence Based Practices?



NCAEP definition of an EBP:

"Focused intervention practices that have evidence of efficacy in promoting positive outcomes for learners with ASD."

Steinbrenner, J. R., Hume, K., Odom, S. L., Morin, K. L., Nowell, S. W., Tomaszewski, B., Szendrey, S., McIntyre, N. S., Yücesoy-Özkan, S., & Savage, M. N. (2020). Evidence-based practices for children, youth, and young adults with Autism. The University of North Carolina at Chapel Hill, Frank Porter Graham Child Development Institute, National Clearinghouse on Autism Evidence and Practice Review Team.





Evidence Based Practice Matrix (28 EBPs)

Table 3.7 Matrix of evidence-based practices, outcomes, and age categories

Evidence-Based		ader	nic/ lemic	Ad Se	dapti elf-he	ve/ elp	In	alleng iterfe pehav	ring	Co	ogniti	ive		mmı			Joint ttenti			/lenta		٨	Moto	r		Play			Schoo		dete	Self- ermina	tion		Socia		Voc	ation	ıal
Practices See Table 3.1 to link abbreviations to EBPs	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years	0-5 years	6-14 years	15-22 years
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Selecting EBPs

Before beginning a new practice with a learner, it is important to follow four planning steps

- 1. Identify the behavior
- 2. Collect baseline data on the behavior
- 3. Establish an observable and measurable goal
- 4. Choose an EBP
 - Consider the child and family characteristics
 - Consider the teacher and team characteristics
 - Consider other available resources





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- 1. Identify the behavior
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 - Consider the teacher and team characteristics
 - Consider other available resources





Selecting an EBP Checklist

AFIRM Autism Focused Intervention Selecting an EBP Checklist For more information, please visit: https://efirm.fps.unc.edu/	AFIRM Autism Focused Intervention Resources & Modules	Selecting an ESP Checklist for more information, please valit: https://elicen.fpg.unc.edu/	AFIRM Autism Focused Intervention Resources & Modules		Selecting an EBP Ch re information, please visit: https://afirm.fpg.un
Selecting an EBP Checklist AFIRM	CHECK ANNUAL GOAL FOR:		SELECT AN EBP:		
Learner's Name: Date/Time: Observer(s): Target Goal/Behavior/Skill (short):	Context (When/Antecedent) Target goal/behavior/skill (What/Beperform) Mastery (How/Criterion for learner)				
Directions: Complete this checklist to select an appropriate practice to use with the learner with ASD.	IDENTIFY CHARACTERISTICS, CLUI	ES, AND RESOURCES:			
	Child and Family Characteristics		IF APPLICABLE, IDENTI	FY ADDITIONALS EBPS TO) BE USED WITH THE
IDENTIFY TARGET GOAL/BEHAVIOR/SKILL:	Student strengths:	Student challenges:	SELECTED EBP:		
			☐ Reinforcement (R+)	☐ Prompting (PP)	☐ Modeling (MD)
	Has worked before (home/school):	Has not worked before (home/school):	☐ Task Analysis (TA)	☐ Time Delay (TD)	☐ Visual Supports (VS)
			☐ Functional Behavior	_	_
COLLECT BASELINE DATA (OR USE SELECTING AN EBP DATA COLLECTION	Teacher/Team Characteristics		Assessment (FBA)	□	D
SHEET):	Knowledge level:	Successfully used EBPs:			
Date/Time Frequency/Duration Total			ADDITIONAL NOTES:		
	Clues found in the IEP Goal				
	Goal domain:	Potential EBPs (Refer to the Domain Matrix):			
	Other Resources				
	Current student supports:	Available equipment:			
		I I			
DEFINE AN OBSERVABLE AND MEASURABLE IEP GOAL:					
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Selecting an EBP Checklist

Autism Focused Intervention AFIRM Resources & Modules For more information, please visit: https://wicm.fps.unc.edu/	AFIRM Autism Focused Intervention Resources & Modules	Selecting an EEP Checklist for more information, please void: https://alirm.fpg.unc.adu/	AFIRM Autism Focused Intervention Resources & Modules	For ma	Selecting an EBP Ch re information, please visit: https://afirm.fpg.un
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			☐ Functional Behavior		О
COLLECT BASELINE DATA (OR USE SELECTING AN EBP DATA COLLECTION SHEET):	Teacher/Team Characteristics		Assessment (FBA)	L	L
Date/Time Frequency/Duration Total	Knowledge level:	Successfully used EBPs:	ADDITIONAL NOTES:		
	Clues found in the IEP Goal				
	Goal domain:	Potential EBPs (Refer to the Domain Matrix):			
	Other Resources				
	Current student supports:	Available equipment:			
DEFINE AN OBSERVABLE AND MEASURABLE IEP GOAL:					
DEFINE AN OBJECTABLE AND INCASORABLE ILF GOAL.	Team members:	Additional learning experiences:			
Selecting an EBP ATIMAT PORTER GARANSI ONLY DEVELOPMENT DISTRICTS The National Productional Development Centur ATIMAT Fourth, 2020-R Page 1 of 3	QUNC FRANKE PORTER GRAMAM ONLO DEVELOPMENT INSTITUTE AMAN	Sefecting an EBP AFRON Team, 2020-R Fage 2 of 3			





High Quality Training: <u>Autism Focused Intervention Resources and Modules</u> (AFIRM)

Designed to help you learn the step-by-step process of planning for, using, and monitoring EBPs with learners with Autism from birth to 22 years of age



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Selecting EBPs

Resources

AAA

Parent Implemented Interventions

Parent Implemented Interventions (PII)

PII

Parent implemented interventions (PII) consist of practitioners collaborating with, training, and coaching parents to implement evidence-based practices (EBPs) with their children throughout daily routines and activities.





Definition of Parent Implemented Intervention NCAEP Report April 2020

In Parent-Implemented Intervention (PII), parents are the primary person using an intervention practice with their own child. Practitioners teach parents in individual or in group formats in home or community settings. Methods for teaching parents vary, but may include didactic instruction, discussions, modeling, coaching, or performance feedback. The parent's role is to use the intervention practice to teach their child new skills, such as communication, play or self-help, engage their child in social communication and interactions, and/or to decrease challenging behavior. Once parents are trained, they implement all or part of the intervention(s) with their child. Parents are often implementing other EBPs included in this report including naturalistic interventions, video modeling, or social narratives.







INTERVENTION FACT SHEET NCAEP Report April 2020

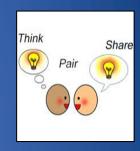
Name of EBP Parent-Implemented Intervention (PII) In Parent-Implemented Intervention (PII), parents are the primary person using an intervention practice with their own child. Practitioners teach parents in individual or in group formats in home or community settings. Methods for teaching parents vary, but may include didactic instruction, discussions, modeling, coaching, or performance feedback. The parent's role is to use the intervention practice to teach their child new skills, such as communication, play or self-help, engage their child **Definition of EBP** in social communication and interactions, and/or to decrease challenging behavior. Once parents are trained, they implement all or part of the intervention(s) with their child. Parents are often implementing other EBPs included in this report including naturalistic interventions, video modeling, or Manualized Interventions Meeting Criteria: Project ImPACT (Improving Parents as Communication Teachers); Stepping Stones Triple P (SSTP)/Primary Care SSTP. Age Ranges 12-14 **Outcome Areas** Young Adults Elementary School Middle School Toddlers Preschoolers High School Communication Social Joint attention Cognitive School readiness Academic/ Pre-academic Adaptive/ self-help Challenging/ Interfering behavior Vocational Motor Mental health determination

- Definition of the intervention
- Age Range
- Outcome Areas
- References (specific articles that provide the evidence for the efficacy of the practice)



Evidence (Age and Domains)

				Age Ra	nges		
Outcome Area	s	0-2 Toddlers	3-5 Preschoolers	6-11 Elementary School	12-14 Middle School	15-18 High School	19-22 Young Adults
	Communication	1	1	✓	1	1	
	Social	1	1	✓	/	1	
	Joint attention	1	1				
	Play	1	1	✓			
	Cognitive	1	1				
	School readiness	1	1	✓			
	Academic/ Pre-academic	1	1				
	Adaptive/ self-help	1	1	✓	✓		
	Challenging/ Interfering behavior	1	1	1	1	1	
இ	Vocational						
	Motor	✓	✓				
(F)3	Mental health	1	1	1	1		
65	Self- determination						









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AAA

Parent Implemented Interventions

Parent Implemented Interventions (PII)



Parent implemented interventions (PII) consist of practitioners collaborating with, training, and coaching parents to implement evidence-based practices (EBPs) with their children throughout daily routines and activities.

What Will I Learn?

The AFIRM model guides the learner through four lessons to facilitate:

- Learning basic knowledge about parent implemented interventions (PII).
- Applying PII in activity based scenarios that promote real-world application.

The PII module will take approximately 1.5 to 2 hours to complete. However, the module is broken into individual lessons to help guide your learning:



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Autism Focused Intervention Resources & Modules

Parent Implemented Intervention (PII) ---Step-by-Step Guide---

BEFORE YOU START...

Each of the following points is important to address so that you can be sure the selected EBP is likely to address the learning needs of your student.

Have you found out more information about. . .?

- Established a goal or outcome that clearly states when the behavior will occur, what the target skill is, and how the team will know when the skill is mastered...
- Identifying evidence-based practices...

If the answer to any of these is "no," review the process of how to select an EBP.

This practice guide outlines how to plan for, use, and monitor the practice of Parent Implemented Intervention.

Keep in mind that PII can be used to decrease inappropriate behaviors and increase appropriate behaviors.

AFIRM Autism Focused Intervention
Resources & Modules

For more information, visit: www.afirm.fpg.unc.edu

What is Parent Implemented Intervention?

Family centered approach to build family capacity

Involves modeling, coaching, and collaborating with parent/caregivers in the process of training them to implement evidence-based practices (EBPs) throughout daily routines and activities with their children with ASD

Can be used effectively to address social, communication, joint attention, behavior, school readiness, play, cognitive, adaptive, and academic outcomes







EBPS across the day

Practitioners and parent/caregivers plan and collaborate throughout the implementation process to determine which EBP to use, which child behavior or skill to target, and when to implement the EBP.

Common Routines:

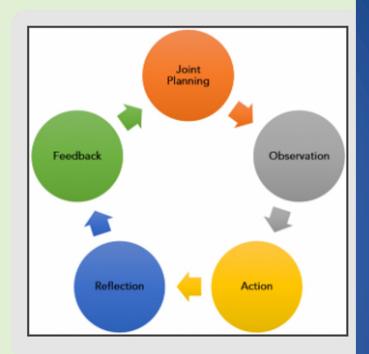
- mealtimes
- dressing
- family outings
- bath time
- anything the family would already be doing as part of their daily routine





Recommended coaching practices based on Rush and Shelden's (2011) parent coaching model include that practitioners use:

- Joint planning which includes providing parents background information related to the EBP,
- Observation of parent and practitioner model of the EBP for parents,
- Action which includes encouraging parent practice and
- Reflection which includes
 encouraging parent self-reflection
 and facilitating problem solving
 regarding obstacles and/or barriers
 encountered by parents.



5. Feedback which includes providing live feedback to parents while practicing the EBP and feedback during conversations.¹





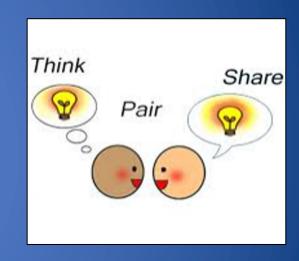
Think - Pair - Share

Think about how you have collaborated with parents/caregivers in the past to share information about an intervention.

Did you use a specific process or was this more informal?

How was that experience?

What would have made the experience better?







Goals that can be addressed using PII

Increase child social communication skills
Increase child language & communication
skills

Decrease child problem behavior

Teach children play routines and improve

play skills

Increase parent/caregiver knowledge, skills

and satisfaction

Improve quality of child interactions

Facilitate school readiness







Benefits of PII for Parents

Using a family-centered approach may lead to increased parent/caregiver self-confidence in their ability to participate in and implement the PII (i.e. empowerment), and may lead to decreases in stress.







Important components to successful family-centered practices

- Family collaboration (working together with families)
- Family capacity building (honoring families as active participants and ensuring that they have the necessary information and resources so they are informed consumers, confident and empowered in their ability to implement the intervention).







Common PII Strategies

- · Imitate what the child is doing
- Follow the child's lead
- Allow the child to make choices
- Play back and forth with sounds and objects
- Expand on what the child is already doing
- Use the child's preferred items and interests in play







Examples

Let's listen to three different professionals share how they used PII

- Home Based Early-Interventionist
- Preschool Special Education Teacher
- Elementary Speech and Language Pathologist

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Ready Set Go.....

Step #1 Planning

Step #2 Using

Step #3 Monitoring



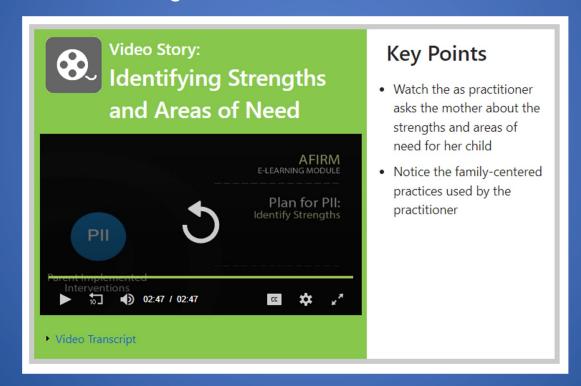




Step 1: Planning for PII



- 1.1 Identify Strengths and area of need
 - Use the PII Strengths and Areas of Need Determination Form







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---PII Strengths & Areas of Need Determination Worksheet---

D C CC I I I III I I I C I C I I	1101101100
Learner's Name:	Date/Time:
Observer(s):	
Family-centered practices build upon ch and include families and parents as activ planning and decision-making.	

Questions	Notes	Strengths / Areas of Need?
In what play activities do child and parent engage?		Strengths: Areas of Need:
Which play activities seem enjoyable or less enjoyable?		Strengths: Areas of Need:
Does the child show interest in the parent when playing? When and when not?		Strengths: Areas of Need:
In what ways does the parent attempt to gain the child's attention?		Strengths: Areas of Need:

Parent Implemented Intervention National Professional Development Center on ASD 2017







Step 1: Planning for PII



- 1.1 Identify Strengths and area of need
 - Use the PII Strengths and Areas of Need Determination Form
- 1.2 Identify Routines and Activities
 - Use the PII Routines Determination Form to help the parent/caregiver identify times when to use PII







Identifying Routines and Activities



Key Points

- Watch as the practitioner talks with the mother about family routines and activities.
- Think about how the practitioner guides the mother through the process.







---PII Routines Determination---

Autism Focused Intervention Resources & Modules Consider using this form to determine when to implement PII at home.

Routine/ Activity	Child Enjoyment Level (circle)	Barriers / Struggles?	Transition Ease Into? (circle) Transition Ease Out? (circle)	Good Fit for PII? (circle)
Morning Ro	utines			
Wake Up	⊗ ⊕ ⊚		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Dressing	8 9 9		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Mealtime	8 9 9		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Brush Teeth	8 9 9		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No
Other:	8 9 9		Into: NA rough so-so smooth Out: NA rough so-so smooth	Yes Maybe No

Additional Notes:

Afternoon	Routines						
Playtime	8 9 9			smooth smooth	Yes	Maybe	No
Mealtime	8 9 9			smooth smooth	Yes	Maybe	No
Nap	8 9 9			smooth smooth	Yes	Maybe	No
Other:	8 9 9		-	smooth smooth	Yes	Maybe	No

Additional Notes:

Parent Implemented Intervention

National Professional Development Center on ASD 2017

1





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Step 1: Planning for PII



- 1.1 Identify Strengths and area of need
 - Use the PII Strengths and Areas of Need Determination Form
- 1.2 Identify Routines and Activities
 - Use the PII Routines Determination Form to help the parent/caregiver identify times when to use PII
- 1.3 Select EBPs to target areas of need
 - Use the selecting an EBP module and Domain Matrix
- 1.4 Discuss Selected EBP
 - Use affirm modules and materials to explain the EBP to the parent/caregiver





Selecting an EBP



Key Points

- Watch as the practitioner reviews potential EBPs with the mother
- Notice how the practitioner provides information about the EBPs





Suggestions for selecting an EBP

- If the child engages in disruptive behaviors which prevents him or her from participating in everyday routines and activities, and this concerns the parent -> Consider conducting a Functional Behavior Assessment and using Antecedentbased Intervention
- If the child does not play with relational play toys (i.e. shape sorters, puzzles, etc.)
 and this concerns the parent -> Consider Prompting
- If the child does not engage in appropriate play with objects and the parent would like him or her to do so -> Consider Modeling and Visual Supports
- If there are specific social routines and activities in which the child struggles and the parent would like the child to participate -> Consider Social Narratives





---Overview of Foundational EBPs---

Foundational practices form the base of supports for learners with ASD and are often used with other evidence-based practices.

- Reinforcement (R+): If a consequence increases the probability that a behavior will occur again, it is a reinforcer. Positive reinforcement involves offering incentives to increase behavior.
- Prompting (PP): Procedures include support given to learners to assist them in using a specific skill. Prompts are generally given by an adult or peer before or as a learner attempts to use a skill. Types of prompts include verbal prompts, gestural prompts, visual prompts, model prompts, and physical prompts.
- Time Delay (TD): Time delay focuses on fading the use of prompts during instructional activities and has been demonstrated to be effective with skills in the academic, communication, play, and social domains.
- Modeling (MD): Modeling involves an adult or peer providing a demonstration of the target behavior that should result in an imitation of the target behavior by the learner.
- Task Analysis (TA): Task analysis breaks a skill into smaller, more manageable steps in order to teach the skill. As smaller steps are mastered, learners become more independent in performing more complex tasks, including physical or routines (e.g., self-care, work tasks).
- Visual Supports (VS): Visual supports involve any tool presented visually that supports an individual as he or she moves through the day and are applicable to many skill domains. Visual supports might include: pictures, written words, objects within the environment, arrangement of the environment or visual boundaries, schedules, maps, labels, organization systems, timelines, and scripts

For more information, visit: www.afirm.fpg.unc.edu







A practitioner and parent decide that a learner's challenging behaviors, including screaming and tantruming, are to be targeted using PII.

What might be a good starting point?

- Functional Behavior Assessment
- Prompting
- Reinforcers
- None of the above







Step 2: Planning for PII



- 1.5 Identify Reinforcers
 - Use the PII Reinforcer Checklist to help identify reinforcers







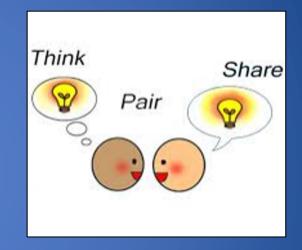
Parent Implemented Intervention (PII)



☐ Swimming

□ Park/Playground

AFIRM		PII Rein					
ALIMIN		Name:		te/Time:			
Autism Focused Intervention Resources & Modules	Observer(s):						
Foods for Snacks/Mealtime Ro	utines:						
☐ Goldfish ☐ Pizza ☐ Chicken Nuggets ☐ Fruit		French Fries Pretzels Chips Cheese		e Cream			
Games for Play Routines: ☐ Peek-a-boo ☐ Chase ☐ Burrito games with a blanket	_	Pat-a-Cake Tickle games					
Toys for Play Routines:							
☐ Trains and Cars ☐ Legos ☐ Remote controls ☐ Phones		Computer Puzzles Noisy toys Doll house	□ B □ □	ooks			
Activities Routines:							
☐ Movies ☐ TV Shows		Restaurant Art	_ N	lusic			



For more information, visit: www.afirm.fpg.unc.edu

□ Video Games

□ Computers/Technology





Step 2: Planning for PII



- 1.5 Identify Reinforcers
 - Use the PII Reinforcer
 Checklist to help identify
 reinforcers
- 1.6 Develop an Implementation Plan with the Parent
 - Use the PII Planning
 Worksheet with the parent/caregiver to develop a plan to use PII







Parent Implemented Intervention (PII)



Autism Focused Intervention Resources & Modules

---PII Planning Worksheet-Example---

Learner's Name: <u>Beatrice</u> Date/Time: ______

Observer(s): _____

Target Behavior: <u>Tantrums when it is time to end a preferred activity</u>

and move on to the next

	and move on to th	e next					
Strengths	Child: Enjoy time together singing m swinging	eals, Family: Enjoy time together singing, meals, swinging					
Areas of Need	Child: Transitions between activities	Family:					
Selected EBP(s)	 Visual Supports: First-then boards to let Beatrice know what is coming next & visual timer so child can see when activity is coming to an end Other: Thomas the Train or Goldfish as a reinforcer when Beatrice transitions calmly and smoothly 						
Routines and Activities to Try EBP(s)	☐ Mealtime ☑ Playtime ☑ Family Outing ☑ Bath time ☐ Dressing ☐ Other:						
	Potential Barriers	Potential Solutions					
board or timer	e home and not have access to n tantrum when he sees the board	Make multiple copies of board and pictures to keep in various locations Be persistent and consistent Provide reinforcement when child stays calm through transition					

For more information, visit: www.afirm.fpg.unc.edu





EVIDENCE
Based Practices
—Autism—



Step 1: Planning for PII



- 1.5 Identify Reinforcers
 - Use the PII Reinforcer Checklist to help identify reinforcers
- 1.6 Develop an Implementation Plan with the Parent
 - Use the PII Planning Worksheet with the parent/caregiver to develop a plan to use PII
- 1.7 Develop Data Collection Plan with Parent
 - Use the PII Parent Data Log to help the parent/caregiver collect data on the target behavior or skill
- 1.8 Prepare Materials





Parent Implemented Intervention (PII)



---PII Parent Data Log ---

Learner's Name:	Date/Time:
Observer(s):	

Autism Focused Intervention Resources & Modules Monitor your child and their use of the target skill during routines and activities to determine if your child has made progress.

Target Behavior or	Date /	Routine/		Implementer		EBPs Used (check)		
5kill	Time		ity (check)	(che				
			Mealtime		Mom	EBP:		
			Family		Dad	□ Modeling		
			Outing		Grandma	□ Prompting		
			Dressing		Grandpa	☐ Visual Supports		
			Bedtime		Caregiver	□ Other:		
			Playtime		Other:			
			Bath					
			time					
Results & Outcomes:			Other:					
		0	Mealtime Family	00	Mom Dad	EBP:		
			Family Outing		Dad Grandma	☐ Modeling ☐ Prompting		
			Family Outing Dressing		Dad Grandma Grandpa	☐ Modeling ☐ Prompting ☐ Visual Supports		
			Family Outing Dressing Bedtime		Dad Grandma Grandpa Caregiver	☐ Modeling ☐ Prompting		
		0 0 0	Family Outing Dressing Bedtime Playtime		Dad Grandma Grandpa	☐ Modeling ☐ Prompting ☐ Visual Supports		
			Family Outing Dressing Bedtime Playtime Bath		Dad Grandma Grandpa Caregiver	☐ Modeling ☐ Prompting ☐ Visual Supports		
		0 0 0 0	Family Outing Dressing Bedtime Playtime Bath time		Dad Grandma Grandpa Caregiver	☐ Modeling ☐ Prompting ☐ Visual Supports		
Davishe 8 Ostromac		0 0 0	Family Outing Dressing Bedtime Playtime Bath		Dad Grandma Grandpa Caregiver	☐ Modeling ☐ Prompting ☐ Visual Supports		
Results & Outcomes:		0 0 0 0	Family Outing Dressing Bedtime Playtime Bath time		Dad Grandma Grandpa Caregiver	☐ Modeling ☐ Prompting ☐ Visual Supports		
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Target Behavior or	Date /	Routine/	Implementer	EBPs Used (check)
Skill	Time	Activity (check)	(check)	
Results & Outcomes:		Mealtime Family Outing Dressing Bedtime Playtime Bath time Other:	Mom Dad Grandma Grandpa Caregiver Other:	EBP: Modeling Prompting Visual Supports Other:
Additional Notes:				
How do you think that Did you encounter ar		ges implementing t	the EBP?	
At which points did y	ou see the	EBP working?		
What could you have	done diff	erently?		
Do you feel comforta	ble impler	menting this EBP?		
Did your child respor	nd positive	ely to reinforcers?		
Did your child seem t	o enjoy th	ne activity?		
Other Notes:				

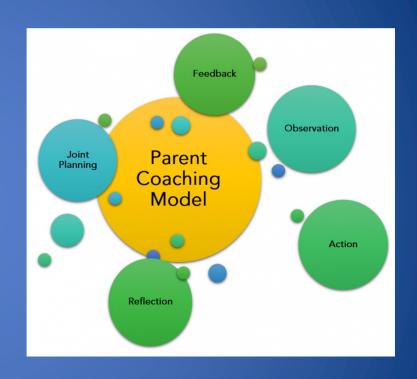




Step 2: Using

- 2.1 Arrange environment to address goals
- 2.2 Follow the coaching cycle
 - Use the PII Constructive Feedback Suggestions to provide constructive feedback.

Practitioners should individualize coaching to meet each family's needs. So, coaching does not require a set amount of time to be spent in any given phase.







Coaching Cycle

- Model the EBP
- Parent Practices the EBP (while coach observes)
- Allow time for parent/caregiver to reflect
- Provide Feedback
- Joint Planning







Coaching parent/caregivers

Some questions to ask yourself as you coach parents in PII include:

- Is the parent enjoying PII?
- Is the child enjoying PII?
- Should I provide more or less feedback?
- Am I allowing the parent to reflect on their implementation?
- Am I encouraging the parent to identify problems/barriers and suggested solutions?
- Am I providing the parent ample practice time and does the parent appear comfortable implementing PII?
- Am I providing positive feedback and encouragement to the parent along with constructive feedback?





Step 2: Using

- 2.1 Arrange environment to address goals
- 2.2 Follow the coaching cycle
 - Use the PII Constructive Feedback Suggestions to provide constructive feedback.
- 2.3 Problem-solve to continue working on selected EBP
 - Use the PII Problem-solving Guide to help you facilitate the parent/caregiver to problem-solve.
- 2.4 Continuously Coach





Applying what we have learned

Case Example

John has started PII with a 4-year-old girl named Melissa. John does home visits in the afternoon when Melissa is home from preschool. John and Melissa's mom have decided to use the EBP, social narratives to help Melissa when she loses at simple games and board games. John and Melissa's mom wrote a social narrative together about a little girl who plays Candy Land and really wants to win, but ends up losing and learns to give herself a squeeze and take a deep breath in order to cope. John reads the narrative with Melissa and plays Candy Land with her. Melissa wins when playing with John. Then John suggests that Melissa's mom try it. So, she reads the narrative with Melissa, and then begins the game. John reminds Melissa's mom to keep the narrative close by in case she needs to use it. Melissa and her mom play the game and Melissa loses. Melissa starts to get upset and her mom says, "Calm down." John reminds Melissa's mom to use the narrative to help guide Melissa in breathing and giving herself a squeeze. Melissa's mom uses the social narrative and Melissa successfully calms herself. Following the game, John asks Melissa's mom how she thinks it went. She mentioned that she should have used the social narrative sooner, but overall, she thinks Melissa is responding well to the narrative.





John and Melissa's mom have decided to use the EBP of social narrative to help Melissa when she loses at simple games and board games. John and Melissa's mom wrote a social narrative together of a little girl who plays Candy Land and really wants to win, but ends up losing and learns to giver herself a squeeze and take a deep breath in order to cope.

- Joint Planning
- Observation/Modeling
- Action
- Feedback
- Reflection







Following the game, John asks Melissa's mom how she thinks it went. She mentioned that she should have used the social narrative sooner, but overall, she thinks Melissa is responding well to the narrative

- Joint Planning
- Observation/Modeling
- Action
- Feedback
- Reflection







John reminds Melissa's mom to keep the narrative close by in case she needs to use it. John reminds Melissa's mom to use the narrative to help guide Melissa in breathing and giving herself a squeeze.

- Joint Planning
- Observation/Modeling
- Action
- Feedback
- Reflection







Then John suggests that Melissa's mom try it. Therefore, she reads the narrative with Melissa, and then begins the game. Melissa and her mom play the game and Melissa loses. Melissa starts to get upset and her mom says, "Calm down." Melissa's mom uses it and Melissa successfully calms herself.

- Joint Planning
- Observation/Modeling
- Action
- Feedback
- Reflection







John reads the narrative with Melissa and plays Candy Land with her

- Joint Planning
- Observation/Modeling
- Action
- Feedback
- Reflection







Step 3: Monitoring

- 3.1 Review Collected Data
- 3.2 Revisit Accomplished Skills
 - Use the PII Constructive Feedback Suggestions to provide constructive feedback.
- 3.3 Determine Next Steps
 - Use the PII Problem-solving Guide to help you facilitate the parent to problem-solve.





3.1 Review collected data

Look over data collected by parent and discuss with parent how everything is going during implementation You may problem solve together with parents about encountered barriers while reviewing data.

3.2 Revisit accomplished skills

When parents have implemented a few different EBPs and/or targeted a few different learner goals, it migh be helpful to revisit some of the already accomplished learner skills. This can build parent and learner confidence in addition to ensuring that skills are maintained.

3.3 Determine next steps

Decide with the parent when a learner has mastered a skill or behavior and what the next steps should be. You might move on to another EBP or use the same EBP with a different target or goal.

If the learner with ASD is not showing progress with parent implemented interventions, ask yourself the following questions:

- · Is the behavior well defined?
- Is the behavior measurable and observable?
- Did a functional behavior assessment (FBA) indicate the function of the behavior?
- Are the PII strategies addressing the function of the interfering behavior?
- Is PII implemented with fidelity? (Implementation Checklist)
- Is the behavior being targeted during appropriate routines and activities?
- Are there potential distractions pulling the learner's attention away from the goal?
- Is reinforcement being used with the PII? If so, is the learner aware of reinforcement because of participation in PII? Is the reinforcer still a preferred item for the learner?
- Is the goal still a priority for the parents and family?

If these issues have been addressed and the learner with ASD continues to not show progress, consider selecting a different evidence-based practice to use with the learner with ASD.





Manualized Interventions Meeting Criteria (MIMCs) for Parent Implemented Interventions

- MIMCs are interventions that clearly fit the EBP categorical definitions but had themselves enough evidence to be classified as an EBP.
- These were grouped them within established EBP categories
- In addition to having sufficient evidence, MIMCs had to have clearly established manualized procedures or software







Project ImPACT

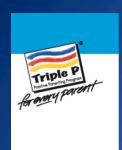
Project ImPACT is recognized as one of the most effective coaching programs for parent/caregivers of young children with autism spectrum disorder (ASD) and related social communication delays.

Project ImPACT teaches parent/caregivers strategies they can use to help their child develop social, communication, imitation, and play skills during daily routines and activities. Itis supported by research and based on developmental science and applied behavioral analysis (ABA) principles.

https://www.project-impact.org/







The Triple PPositive Parenting Program

A parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.

It draws on social learning, cognitive behavioral and developmental theory as well as research into risk factors associated with the development of social and behavioral problems in children. It aims to equip parent/caregivers with the skills and confidence they need to be self-sufficient and to be able to manage family issues without ongoing support.

https://www.triplep.net/glo-en/find-out-about-triple-p/triple-p-in-a-nutshell/





Parent Implemented Intervention (PII) ---Implementation Checklist---

Before you start:

Have you...

- Identified the behavior?
- Collected baseline data through direct observation?
- Established a goal or outcome that clearly states when the behavior will occur, what the target skill is, and how the team will know when the skill is mastered.

If the answer to any of these is "no", refer to the "Selecting EBPs" section on the website.

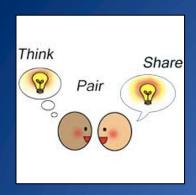
		-	_	
Observation	1	2	3	4
Date				
Observer's Initials				L
Step 1: Planning				
1.1 Identify strengths and areas of need				Г
1.2 Identify routines and activities				Г
1.3 Select EBP to target areas of need	Г			Г
1.4 Provide information and discussion around selected EBP				Г
1.5 Identify reinforcers	Г			Γ
1.6 Develop implementation plan with parent				
1.7 Develop data collection plan with parent				Г
1.8 Prepare materials				Г
Step 2: Using				
2.1 Arrange environment to address goals				Γ
2.2 Follow the coaching cycle:				_
☐ Model selected EBP for parent				
☐ Parent practices EBP with learner				Ī
☐ Allow time for parent to reflect and discuss				Ī
□ Provide feedback				Ī
2.3 Problem-solve to continue work on the selected EBP	Г	Г	Г	Г
2.4 Continuously coach and individualize approach				Γ
Step 3: Monitoring				
3.1 Collect and analyze data on target behavior				Ī
3.2 Revisit accomplished skills				Ī
3.3 Determine next steps based on learner's progress				Г
	_	_	_	_

Next Steps

AFIRM Autism Focused Intervention Resources and Modules







My Takeaways

- 1. What are 4 things you remember from today's training?
- 1. What are 2 things you see yourself doing?
- 1. What is the 1 thing you can implement tomorrow?





Post Training Survey

Please complete the Post Training Survey





















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